

Discover Watersports



Students will learn about the technical aspects of these watersports, about safety precautions when on the water and will have opportunities to practise with expert supervision.

Features:

- 21 hours of activity time
- Small groups (max 10 per group)
- Classes led by Buzz Active Watersports specialists
- Pre-course welcome and information pack
- Range of experiences to suit all participants
- End of course certificate

The course will appeal to students who are new to watersports or have had a little experience and want to improve their skill level. Whether it is a sport that they intend to take up regularly or simply a great experience to have over the summer, the students will enjoy this beach-based activity course.



Available at Eastbourne College

COURSE 1: 4 July 2023 - 18 July 2023

COURSE 2: 18 July 2023 - 1 August 2023

COURSE 3: 1 August 2023 - 14 August 2023

Minimum Group Size: 6



SESSION	FOCUS
1	Introduction to Sailing (1)
2	Introduction to Sailing (2)
3	Introduction to Sailing (3)
4	Paddleboarding
5	Learn to Windsurf (1)
6	Learn to Windsurf (2)
7	Learn to Windsurf (3)