







## What's included in a two-week **St Andrew's** programme?

Academic **Programme** 

**Activity Programme** 

**Evening Programme** 

**Excursion Programme** 



6 evening activities (other evenings with the English host) London Excursion 1

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**Great British Quiz** 

London Excursion 2





**Team Games** 

10-Pin Bowling

**Brighton Excursion** (inc. Pavilion)





Beachy Head Walk



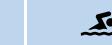
Day with your English

host



**Developing Critical** 

**Swimming** 



Tour of Eastbourne



Disco

Learning about British & Local Culture



Music Workshop



Cinema visit



Free Time in Eastbourne



What's in a three-week programme? Everything in the two-week programme plus...

+15 hours of English Classes

+ 4 mornings/ afternoons of activities and sports

+ 3 Evening Activities

+ London Excursion 鼺

+ Half-day Hastings **Excursion** 



Day with your English host



Morning

Lessons: 9:15-10:15, 10:15-11:15, 11:45-12:45

Activities: 9:15 Meeting, 9:30-10:45,

11:15-12:30

Afternoon

Lessons: 13:45-14:45, 14:45-15:45, 16:15-17:15

Activities: 13:45 Meeting, 14:00-15:15, 15:45-17:00

**Evening** 

Activities: 19:30-21:45 (Some evening activities happen off-campus and the timings may be different)